

**! Please read attentively !**

## **Instructions/guidelines at “High Ropes Course Isarwinkel” and “Zipline/Flying Fox”**

This type of high ropes course and the Zipline/Flying Fox are unique in Germany. In the high ropes course 3 levels up to 15 meters high offer you 90 stations of different levels of difficulty. There are 7 ropes in the Zipline/Flying Fox course which build the connection between 8 platforms on trees which are 8 to 15 m high. The total length of the Zipline/Flying Fox course is 800 m. Our technical safety equipment in the high ropes course and in the Zipline/Flying Fox is in perfect order and condition. However the correct use of the safety equipment is the attendants' responsibility only. Therefore it is inevitable to be concentrative and careful with yourself and with the safety equipment and the fixed gears. Otherwise bad or even fatal injuries can be caused. Please protect yourself by observing all of our warning and information signs, safety information, the general conditions and the following instructions/guidelines! Thank you. Throughout the stay in the high ropes course and the Zipline/Flying Fox all instructions of the staff have to be observed. Each customer has to take part in the complete practical and theoretical safety-instruction carried out by our staff. Before participation in the Zipline/Flying Fox course each attendant has to do the Zipline/Flying Fox test-run. The safety equipment (harness, safety rope with carabiners and safety roller) can not be used without participation in the safety instruction carried out by our staff. After the safety instruction each attendant has to care for his/her safety equipment and to get through the course self-dependent.

Special guidelines for the high ropes course:

**Both safety carabiners always need to be hooked in the safety rope. When changing the carabiners to another wire only one carabiner may be removed and then hooked in another rope. Never remove both safety carabiners at the same time from the safety rope!**

Please check the safety equipment of your partner. Each carabiner that safes your life is thus checked by 4 eyes (yours and your partners') which are always better than 2. Each station may only be passed by 1 person. There may be **not more than 3 persons** on each platform at the same time. Locked or restricted areas must not be passed. Children with a body height under 1.40 m need to be accompanied by an adult during the course. School classes and children's groups (per 5 children under 1.40 m) optionally can be accompanied by an adult or need to book additional safety staff.

Special guidelines for the Zipline/Flying Fox area:

Within the complete area of the Zipline/Flying Fox course, i. e. from the first step of the ascent over the 7 s and back to the ground every attendant must safe oneself continuously. This means the ascent-safety needs to be hooked in at the bottom-side of the safety-rope which is mounted at the tree. When you have arrived at the first platform up the tree you can unhook as soon as the safety-carabiner has been hooked into the loop fixed at the tree. After you have hooked into the safety-roller in the Zipline/Flying Fox rope you may hook out the safety-carabiner from the loop at the tree. As soon as you have reached the next platform please immediately hook in the safety-carabiner in the loop at the tree and then proceed as described. From the moment you leave the ground (ascent at the first tree) to the moment you descent from the last tree you **MUST NEVER** be without safeguard!

Each of the 7 ziplines may only be used by 1 person. Therefore it is **strictly forbidden** to start off before the person ahead has not reached the next platform, hooked in the safety carabiner in the loop and unhooked his/her safety roller from the rope. As soon as the person ahead has left the area in front of the mat on the platform the next person can start off. The person who has already reached the next platform has to wait for the next person to arrive before he/she can hook in the safety roller in the next rope and remove the safety carabiner from the loop so that the next person can hook in there with his/her carabiner. In the process every person is solely responsible for his/her safety by himself/herself. As far as it is possible also check each others safety in this process (4 eyes are better than 2)! While running (flying) from one platform to another please take a sitting position and hold your legs slightly forward-turned. Upon arrival at the next platform you have to get a safe footing on a bole fixed on the platform. If you should not reach the platform you have to grip the rope the moment you stop and then layback to the platform. If you should reach the platform too fast you can cushion yourself with your feet at the mat which is fixed at each platform. The safety equipment of the high ropes course and the Zipline/Flying Fox is not negotiable to others and must not be taken off during your stay. Any valueables such as jewellery, cameras, mobile phones as well as bottles etc. which might be a danger to you or to others **MUST NOT** be taken along to the courses. Smoking is prohibited within the entire area!

**PLEASE TURN OVER !**

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The access to the high ropes course and the Zipline/Flying Fox **requires** a physical and mental condition which neither is a danger to you nor to others. If in doubt please refer to our safety staff and inform us about any impairments of health. Persons who are influenced by **drug use (such as alcohol etc.)** **must NOT participate!**

The entrance to the high ropes course requires a body height of min. 1.30 m – the Zipline/Flying Fox requires min. 1.60 m. Persons suffering from any diseases and/or being under medical treatment such as spine, bone or heart diseases, hypertension, cardiovascular diseases and also pregnant women and persons with a weight of more than 120 kg **MUST NOT** take part for reasons of their own safety! Our staff is authorized to exclude persons who do not meet the required demands described above (mental and physical condition).

By accepting these instructions/guidelines you assure that there is no objection to the participation in an activity which is physically demanding and requires a great deal of self-dependent safety action. By signing this document you further more confirm that you have intently read, understood in content and agree to these instructions/guidelines. By signing this consent form you also accept the general conditions of the “Hochseilgarten Isarwinkel GmbH” (for underage persons the legal guardian is liable). In case of violation the management of the “Hochseilgarten Isarwinkel GmbH” reserves the right to exclude the regarding persons from the area. We **CAN NOT** assume any liability for valuables and/or clothing committed to us.

**Agreement about the instructions/guidelines  
at “High Ropes Course Isarwinkel” and “Zipline/Flying Fox”**

I herewith agree to the above instructions/guidelines and to the general conditions of the „Hochseilgarten Isarwinkel GmbH“.

**First name, last name:** \_\_\_\_\_

**Postal address:** \_\_\_\_\_

**Phone or mobile No.:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**How did you hear about us? (please check where applicable)**

- internet
- friends/ family/ job
- advertisement (leaflet, newspaper article, etc.)
- gift voucher \_\_\_\_\_
- radio advertisement (radio station) \_\_\_\_\_
- Other \_\_\_\_\_

<b>Place</b>	<b>Date</b>	<b>Signature</b>